

## KINABALU MOUNTAIN CLIMB

**Tour code** : SBEX13  
**Pick up time** : 0730 hours  
**Duration** : 3 Days / 2 Nights  
**Meals** : As per itinerary

*This tour to the summit takes you on an exciting endeavor as you hike up to the tallest mountain in Malaysia for a breathtaking view of the sunrise. Among the highlights of the tour are:-*

- ❖ **Day 01 (lunch/Steamboat Dinner)**  
*Drive northerly along the Crocker Range, over the crest lies Poring, famous for its hot sulphur springs. Take a therapeutic dip in open-air tubs or hire private bathrooms. Along the highway, stop at Nabalu Market for handicrafts and meet the indigenous Dusun people. Continue to Poring, where the highlight is the Canopy Walkway which provides the opportunity for a close-up observation of the rainforest at the middle canopy level. At the Park Headquarters, visit the Heritage Gallery to learn of the biodiversity of this World Heritage Site. Overnight at Hostel or Dormitory*
  - ❖ **Day 02 (Breakfast/Packed Lunch/Dinner)**  
*At 0800hrs, walk from Liwagu to the Park HQ, register for the climb and meet your mountain guide. Start the climb via the Timpohon Gate. Trek to Laban Rata  
 Overnight at Laban Rata*
  - ❖ **Day 03 (Breakfast/Lunch)**  
*At 0230hrs, pre-dawn departure for the attempt to the summit of Low's Peak. Return to the Rest house for breakfast. Descend to Timpohon Gate, and transfer to Park Headquarters. Rest and lunch before returning to Kota Kinabalu*
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- ❖ **Day 03 (Breakfast/Lunch)**  
*At 0830hrs, after breakfast, trek to one of the many graded trails into the mountain forest. Lunch is served in Liwagu. Option to visit the Village of Bundu Tuhan and the Don Bosco Orphanage before returning to Kota Kinabalu*

**Note:**

*Please bring sun block lotion, personal toiletries, hat good walking shoes, windbreaker, towel, torchlight, waterproof gloves, raincoat, water bottle, energy food and personal medical kit including headache tablets and paracetamol for altitude sickness.*

